

### Cornwall Consolidated School E-News









#### **October 2, 2023**

Reminder: Please drop your student off in the morning prior to 8:25-Thank you!

After School Care

Mon, October 2	MS Sports & Activities: Boys soccer (HOME game), Girls soccer (AWAY game), Cross Country (HOME meet)
Tues, October 3	After School Care MS Sports & Activities
Wed, October 4	After School Care MS Sports & Activities
Thurs, October 5	After School Care MS Sports & Activities
Fri, October 6	After School Care No MS Sports & Activities Live Stream link for: Friday Morning Announcements

Find specifics regarding MS sports included below!



#### The Virtual Backpack

Check here weekly to ensure that you are up to date with flyers and notices that have been sent home with your child!

**Click here to see Flyers & Notices** 

### Maguire's Message - Principal's Page

Hello CCS Families,

Happy October! There has been so much happening at our school this week and so much more to come as you will see in this week's E-newsletter!

This week we had a great Spirit Week! No amount of rain could take away the from the sunshine inside our school. Smiling faces filled our classrooms and laughter was everywhere. Thanks to our students for showing their school spirit! We ended Spirit Week with our first CCS Teams event. CCS Teams events promote positive climate and culture and bring our whole school community together. There are 8 CCS Teams and each one is lead by one or two eighth grade students. This event included team building where students named their team and started to create their own team flag!

We also had author Valorie Fisher visit our school. Check out the flier included for another opportunity to see her! CCS Fund for Excellence started After School Enrichment this week with Rock Wall

Climbing and Bracelet-making! Our grade 7 and 8 students had their first regional dance at Salisbury Central School Friday night. We can't wait to hear about how much fun they had!

There is a lot of information and opportunities for students and families included in this week's newsletter, so enjoy!

Best always, Leanne



### October's Lunch Menu

#### October 2023

#### Cornwall Consolidated School

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bosco Sticks     Marinara Dipping Sauce     Carrot Sticks     Assorted Fruit     Low Fat Milk	Chicken Patty on a Bun Tater Tots Carrot Sticks Assorted Fruit Low Fot Milk	Meatball Grinder     Garden Salad     Celery Sticks     Assorted Fruit     Low Fat Milk	Mozzarella Sticks with Marinara Sauce     Roasted Vegetables     Assorted Fruit     Low Fat Milk	School Made Cheese Pizza     Roasted Chick Peas     Cucumber Sticks     Assorted Fruit     Low Fat Milk
9 October Break	French Toast Sticks     Sausage Patty     Hash Brown Potato     Pepper Strips     Assorted Fruit     Low Fat Milk	Pasta with Meat Sauce Gartic Bread Garden Salad Assorted Fruit Low Fat Milk	Popcorn Chicken Seasoned Rice Roasted Vegetables Carnot Sticks Assorted Fruit Low Fat Milk	School Made Cheese Pizza     Three Bean Salad     Celery Sticks     Assorted Fruit     Low Fat Milk
Cheeseburger on a Bun or Hamburger on a Bun Lettuce & Tomato Tater Tots Assorted Fruit Low Fat Milk	Chicken Nuggets     Seasoned Rice     Reasted Green Beans     Carrot Sticks     Assorted Fruit     Low Fat Milk	Bosco Sticks     with Marinara Dipping Sauce     Garden Salad     Assorted Fruit     Low Fet Milk	Beef Nacho Grande     Shredded Lettuce, Salsa, & Sour Cream     Corn     Assorted Fruit     Low Fat Milk	School Made Cheese Pizza     Roasted Broccoli     Chick Pea Salad     Assorted Fruit     Low Fat Milk
- Chicken Fajita - Peppers & Onions - Spicy Black Beans - Assorted Fruit - Low Fat Milk	French Toest Sticks     Sausage Patty     Hash Brown Potato     Pepper Strips     Assorted Fruit     Low Fat Milk	Chicken Alfredo over Pasta     Roasted Broccoli     Garden Salad     Assorted Fruit     Low Fat Milk	Mozzarella Sticks with Marinara Sauce     Roasted Vegetables     Assorted Fruit     Low Fat Milk	School Made Cheese Pizza     Garden Salad     Celery Sticks     Assorted Fruit     Low Fat Milk
Hot Ham & Cheese Sandwich     Baked Beans     Carrot Sticks     Assorted Fruit     Low Fat Milk	Cheeseburger on a Bun or Hamburger on a Bun Lettuce & Tornato Tater Tots Assorted Fruit Low Fat Milk			

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### **MS Sports & Activities**

Monday, Oct 2:

Boys Soccer HOME vs Shepaug (Team 1 and Gold) 4:15 Girls Soccer AWAY vs Shepaug (Core Team and Gold) 3:45 Cross Country HOME vs Shepaug 4:15

Tuesday, Oct 3: Boys Soccer Practice Girls Soccer Practice Cross Country Practice Art Garage

Wednesday, Oct 4: Boys Soccer AWAY vs IMS (Team 1 and Blue) 4:00 Girls Soccer HOME vs Kent Center (Core Team and Blue) 4:15 Cross Country Practice STC Music Lab

Thursday, Oct 5: Boys Soccer Practice Girls Soccer Practice Cross Country Practice Art Garage

Friday, Oct 6: No Practice

Made by FREE-VECTORS.NET

Bus Information for Monday's away contest: Bus 1 Bus 2 North Canaan-2pm departure Salisbury-2pm departure Lee Kellogg-2:15pm Sharon-2:15pm Cornwall-2:30pm Shepaug at 3:10pm Shepaug at 3:15pm

Return: Bus will return to Housatonic Valley Regional HS for parent pick up at approximately 6:00

Bus Information for Wednesday's away contest will be sent out on Monday.

### **MS Sports & Activities - Winter**

The Online Registration for Winter Sports is open!

The athletic program is open to all seventh and eighth grade students in Region One. The activities program is open to all sixth, seventh and eighth grader students in Region One (with seventh and eighth grade students getting first choice; any availability after that will go to sixth grade students through a lottery).

Please log onto <a href="https://regiononeschools-ct.finalforms.com">https://regiononeschools-ct.finalforms.com</a>. To set up an account (for first time users), please click on the following link for instructions:

How-to-Register-using-FinalForms-English.pdf

How to register using FinalForms Spanish.pdf

The Parent Meeting is Thursday, November 30 at 6:00.

The first day of practices is Monday, December 4 for Basketball and Tuesday, December 5 for Art Garage.

All students participating in the Winter Program must be academically eligible (based on Quarter One Final Grades), have a current physical on file with the school nurse (athletics only) and not owe any uniforms from a previous season.

For information about the Winter Program, please click on the following link:

Regional MS Program General Information Document Winter .pdf

Please contact Anne MacNeil with any questions.



### **HVRHS Sports - Check out a Game!**

#### Monday, Oct 2:

JV Football HOME vs Woodland (at Gilbert) 4:00

Golf HOME vs Shepaug 3:00

V Boys Soccer HOME vs Terryville (Game Field) 3:45

Girls Volleyball HOME vs Dover JV 4:00 Varsity 5:15

#### Tuesday, Oct 3:

Cross Country AWAY vs Gilbert (Early Dismissal 2:15; Bus 2:30; Meet 4:00)

Girls Soccer AWAY vs Gilbert (at Walker Field) (Early Dismissal 2:15; Bus 2:30; Game 3:45)

Volleyball HOME vs Northwestern JV 4:00 Varsity 5:15

#### Wednesday, Oct 4:

Golf AWAY vs Gilbert (at Greenwoods CC)(Early Dismissal 1:40; Bus 1:50; Match 3:00)

JV Boys Soccer HOME vs Litchfield (Boys Field) 3:45

JV Girls Soccer HOME vs IMS (Game Field) 3:15

#### Thursday, Oct 5:

Golf HOME vs Northwestern \*SENIOR NIGHT\* 3:00

V Boys Soccer AWAY vs Shepaug (Early Dismissal 2:00; Bus 2:15; Game 3:45)

V Girls Soccer HOME vs Shepaug \*Yearbook Pictures\* 3:45

#### Saturday, Oct 7:

V Football HOME vs Naugatuck \*Yearbook Pictures\* (at Housatonic) 1:00

Cross Country AWAY at Wickham Invitational (Wickham Park Manchester) Bus TBA; Meet TBA

### **Support former CCS students!**









### Sunday - Free Tennis Clinic

# FREE TENNIS CLINIC for 8-12 year olds WITH HOTCHKISS SCHOOL TENNIS TEAMS!





OCTOBER 1, 11 AM-12 NOON



Some prior tennis experience is necessary.

Please bring your tennis racquet; we'll meet rain or shine

Please register here; enrollment is limited.

Please contact Caroline Burchfield with questions.

### **Community Challenge!**

CORNWALL CONSOLIDATED SCHOOL

## FOOD DRIVE

MONDAY, OCTOBER 2ND - 27TH

SCHOOL-WIDE DONATION CAMPAIGN SUPPORT THE CORNWALL FOOD & FUEL FUND!

FOOD IS A HUMAN RIGHT AND IS AN IMMEDIATE AND TANGIBLE WAY TO HELP SOMEONE. EVERY DONATION OF FOOD CAN MAKE A DIFFERENCE.

CCS HOMEROOMS WILL BE COLLECTING AS MANY ITEMS AS THEY CAN AND WE WILL SEE WHAT CLASS CAN COLLECT THE MOST PER STUDENT!

CELEBRATIONS, PRIZES & HEALTHY COMPETITION TO COME!



ANYTHING YOU CAN DONATE - WELCOMED!

SOME IDEAS:

KETCHUP, MAYO, CEREAL (CHEERIOS, FROSTED FLAKES, ETC),
SNACKS, PASTA & SAUCE, SOUP, CANNED VEGGIES (CORN),
EVEN CAKE & FROSTING ARE GREAT TO DONATE!

### **Parent Night!**

## Math Parent Night

Thursday, October 5th 6:00-7:00 CCS Gathering Room

Come join us to learn about the major mathematical concepts and fluencies introduced in each grade K–8! See how your child's learning will progress across their time at CCS!

You'll learn some of the strategies and models your child will be using as they develop a strong mathematical understanding!

#### Questions?

Please contact Danielle Krueger or Kristi Pramuka dkrueger@cornwallschool.org kpramuka@cornwallschool.org

Mark Your

Later this year...

Family Math Game Nights!

Tuesday, January 9th & Thursday, May 30th

### **Parent Math Night - RSVP**

Will you need childcare to attend?



Scan the QR code to RSVP

Let us know if you plan to attend and if you will need childcare during this time!

We hope to see you there!

### **Social Media Accounts**



Facebook



### Items Needed for Scarecrow Making!

### SCARECROWS AT CCS?

Yes, and our school teams need your help by donating some non-returnable items to dress-up those crazy scarecrows!

#### Items recommended:

- adult-sized pants & shirts
- Belts & shoes
- Scarves or bandannas
- small lengths of rope
- hats & gloves
- glasses/sunglasses
- and "suitable" accessories



### Please get your scarecrow donations in by Tuesday, October 10

The finished scarecrows will be on display during conferences. There will be a silent auction for each of the eight scarecrows.

Proceeds going to the CCS 8th grade class trip!

### **Good Information to Know**

You may have hear that Heather Dinneen has stepped down as the Cornwall Social Worker, but she has left things in the excellent hands of Becky Hurlburt. They have asked that we share this information to be sure that CCS families have the following links:

- If your family is in need of food, just complete the form linked <a href="here">here</a> to make a request. Requests are due Thursdays by 3pm for pick up on Mondays at 3pm at UCC Church. No income requirements or paperwork to complete, only that you are a Cornwall resident.
- Need help paying for heat this winter? Fuel assistance applications are now being accepted. Funds cover your primary heat source oil, propane, electric, firewood. Complete the form linked <a href="here">here</a> to request an appointment and we will reach out to schedule.

#### Free COVID tests - link to order

Schools are no longer being provided with tests, however, if you are interested, you can order four free tests to be delivered directly to your home:

http://www.covid.gov/tests

# Learn to Skate Try Hockey Event

To register for this program or for further details, please contact salisburyredhawksct@gmail.com

There is a limited supply of skates and helmets available to borrow. Ages 4-9

> Event Date: 11/04/2023 9-10am Salisbury School 251 Canaan Rd Salisbury, CT



Brought to you by Salisbury Youth Hockey!

### **Internet Safety Training**



The research found 8- to 12-year-olds spend an average of five and a half hours a day on screens and consuming media. That rate climbs to over eight and a half hours a day for teens.

The Common Sense Census: Media Use by Tweens and Teens, 2021 Read Report

# INTERNET SAFETY TRAINING FOR PARENTS, TEACHERS, & CHILD WORKERS

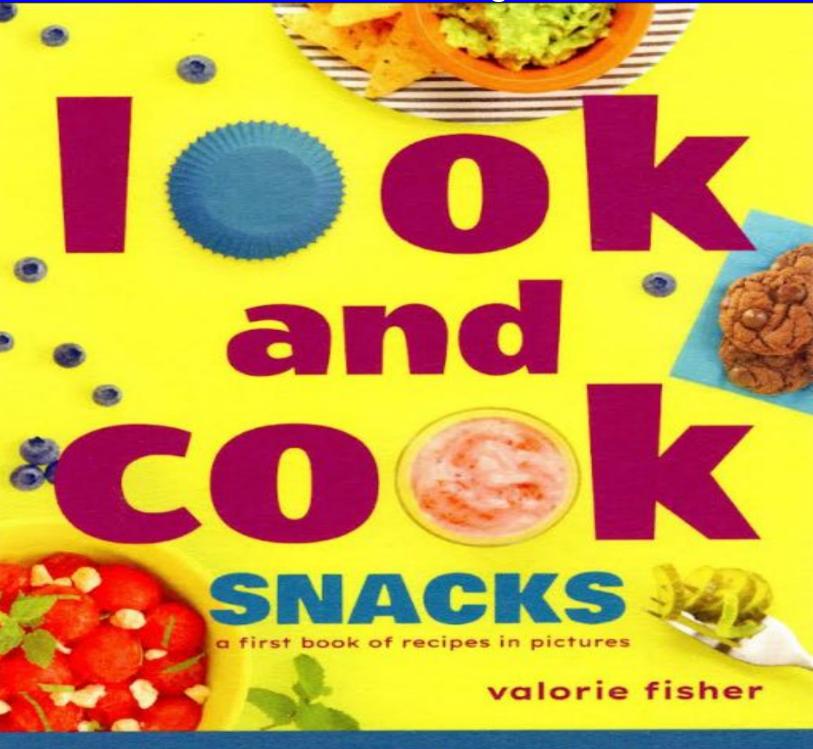
LEARN HOW TO KEEP CHILDREN SAFE
WHILE ON THE INTERNET, CELL PHONE, AND PLAYING VIDEO GAMES



Tuesday, September 26<sup>th</sup>, 6pm to 7:30pm via Zoom
Register for September 26th Press Ctrl and Click Here
Or

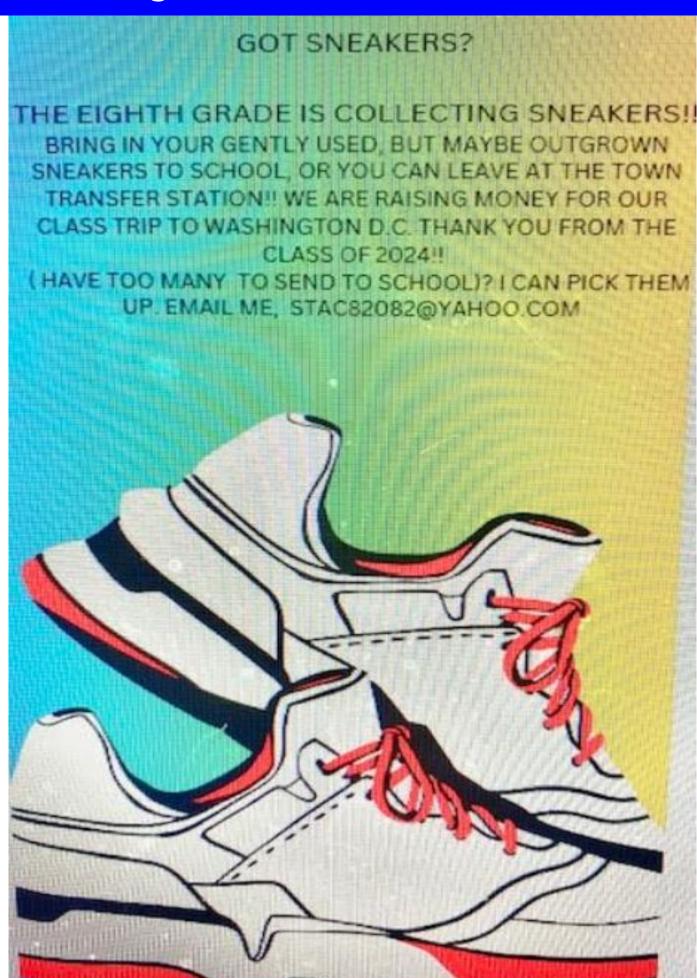
Wednesday, November 8<sup>th</sup>, 6pm to 7:30pm via Zoom Register for November 8th Press Ctrl and Click Here Provided by:
U.S. Attorneys' Office,
District of Connecticut
and
Connecticut
Department of Children
& Families

Another opportunity to be with Author, Valorie Fisher Thanks for visiting CCS!



Author Event at The Wish House Saturday October 14., 3-4:30 pm Benefit for Cornwall Child Center

### Eighth Grade Fundraiser!



### **UPDATED: After School Art**

# After School Art @The Cornwall Library

WEDNESDAYS 3:30-5:00PM

ALL AGES WELCOME

LIGHT SNACKS AVAILABLE
MATERIALS PROVIDED

BUS SERVICE AVAILABLE FROM CCS
(UPON REQUEST)

Registration Required Link opens at 12pm on Mondays each week

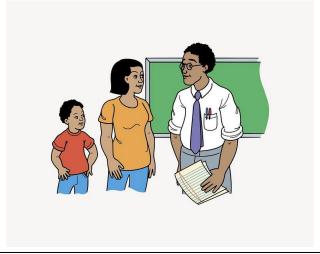


Contact: CornwallLibraryYA@gmail.com

WWW.CORNWALLLIBRARY.ORG 30 PINE STREET, CORNWALL, CT 06753

### **Noteworthy Celebrations**

We had 71 student families attend Open House! How awesome is that?! Grades 2 & 4 had 100%!



We had 39 students return summer reading! Students were treated to an ice cream social with Mrs. Hill!

Grades 4 & 5 had 100% and earned an extra pizza social with Mrs. Hill!

Way to go, Readers!



### **Community Commitments**

# **CCS Community Commitments**Today at CCS...

I will do my best to be my best.

I will listen.

I will follow directions.

I will be honest.

I will respect the rights of others.

I will remember that MY choices affect ME & THOSE AROUND ME.

Today matters & my future is built one day at a time.



#### **School Treats for Celebrations**



Due to an increased number of food allergies and a commitment to smart snacks through the National School Lunch Program, birthday and holiday treats that are shared in school will seek to adhere to the approved Smart Snack List.

The guideline for school treats/snacks are as follows:

- Parents will notify the homeroom teacher with at least 24-48 hours notice prior to sending in food for a celebration.
- · Treats can be shared with students' homeroom class only.
- Treats must be brought to school by 9 a.m. on the morning of the celebration (to be shared at snack time).
- The treat to be shared should come individually packaged, and not be homemade in order to supply the corresponding ingredient list.

Some recommended and popular treat choices include:

- ★ Fresh fruit or vegetables
- ★ Pure fruit snacks
- ★ Popcorn
- ★ Chex mix or baked chips
- ★ Cookie snack packs
- ★ Cheese sticks
- ★ Granola or cereal bars
- ★ Individual frozen treats (fruit bar, fudgsicle, Skinny Cow treats)

### Habits of Mind at CCS

AT CCS, we focus on Habits of Mind with our children which helps them to reflect on what it means to be a strong person, academically, socially and emotionally. Below are the 16 Habits of Mind that we integrate into our day through weekly quotes, morning meetings and during academics. We will continue to encourage students to use these Habits of Mind when confronted with problems in order to be successful and positive contributors to our community and world. Life is not always easy but having these tools in their toolbox will support them in years to come! We include this information each week in the E-News so that you can use the same language at home with your children if you would like.

#### 1. Persisting



Stick to it!

Persevering in task through to completion; remaining focused.

Looking for ways to reach your goal when stuck. Not giving up.

#### 2. Managing Impulsivity



Take your time!

Thinking before acting; remaining calm, thoughtful and deliberative.

#### 3. Listening with Understanding and Empathy



Understand others!
Devoting mental energy to another person's thoughts and ideas; Make an effort to perceive another's point of view and emotions.

#### 4. Thinking Flexibly



Look at it another way!

Being able to change perspectives, generate alternatives, consider options.

#### 5. Thinking About Your Thinking (Metacognition)



Know your Knowing! Being aware of your own thoughts, strategies, feelings and actions and their effects on others.

#### 6. Striving for Accuracy



Check it again!
Always doing your best.
Setting high standards.
Checking and finding
ways to improve
constantly.

#### 7. Questioning and Posing Problems



How do you know? Having a questioning attitude; knowing what data are needed & developing questioning strategies to produce those data. Finding problems to solve.

#### 8. Applying Past Knowledge to New Situations



Use what you learn!
Accessing prior
knowledge; transferring
knowledge beyond the
situation in which it was
learned

#### Thinking & Communicating with Clarity and Precision



Be clear!
Strive for accurate communication in both written and oral form; avoiding over-generalizations, distortions, deletions and exaggerations.

#### 10. Gathering Data Through All Senses



Use your natural pathways!
Pay attention to the world around you.
Gather data through all the senses, taste, touch, smell, hearing and sight.

#### 11. Creating, Imagining, and Innovating



Try a different way! Generating new and novel ideas, fluency, originality

#### 12. Responding with Wonderment and Awe



Become intrigued! Finding the world awesome, mysterious and being intrigued with phenomena and beauty.

#### 13. Taking Responsible Risks



Venture out!

Being adventuresome;
living on the edge of one's competence. Try new things constantly.

#### 14. Finding Humor



Laugh a little!

Finding the whimsical, incongruous and unexpected. Being able to laugh at one's self.

#### 15. Thinking Interdependently



Work together!
Being able to work in and learn from others in reciprocal situations.
Teamwork.

#### 16. Remaining Open to Continuous Learning

Learn from



experiences!

Having humility and pride when admitting we don't know; resisting complacency.

### **CCSFE After School Enrichment!**















### **Author Visit: Valorie Fisher**







### Spirit Week!



#### Rainy Mondays are for Pajama Day!







### More Spirit!











**Sports Day** 









### Best way to end Spirit Week:













